

EMMA SHIELS

PROFILE

- Over 3 years of clinical experience within a private neuro Occupational Therapy practice.



EDUCATION

Degree Title |

Sheffield Hallam University 2020 - 2022

- BSC (HONS) DEGREE APPRENTICESHIP OCCUPATIONAL THERAPY

Within this degree apprenticeship Emma undertook four clinical placements and worked at Munro Therapy Services as an Occupational therapy apprentice. Please see below details of each placement experience.

- HEALTH & CARE PROFESSIONS COUNCIL REGISTRATION (TBC)

Salford University 2013 - 2016

- BA (HONS) TELEVISION & RADIO

For Emma's final dissertation she volunteered with Dementia Buddy based in Atherton. Emma then created a documentary about this charity and the effects of living with dementia. This documentary was to educate the effects dementia has on individuals and their loved ones.

Link: <https://www.youtube.com/watch?v=1HkxijlR4Q>



EXPERIENCE

Current Clinical Practice

Occupational Therapy Apprentice: Munro Therapy Services, Atherton, Manchester.

January 2020 - July 2022

Neuro Rehabilitation Assistant | Munro Therapy Services, Atherton, Manchester.

April 2019 - January 2020

Current Clinical Practice

Office Administrator: Safe-Elec UK, Atherton, Manchester.

April 2018- April 2019

Former Clinical Placements

Placement 4: Together Trust: Paediatrics within both primary and secondary SEN schools (Paediatrics)

February 2022 - April 2022 -10 weeks.

This paediatrics placement was based across three different schools. Two primary schools and a secondary school. The clients Emma worked with mainly had Autism and varied from ages 5 years - 16 years of age. Emma worked with the OT lead and helped to create Occupational therapy interventions in order to positively impact the wellbeing of the students. Emma focused on activities of daily living such as, hand writing skills, washing, dressing and toileting skills. This placement was also heavily based around sensory integration and many of the students had sensory processing difficulties. Emma researched interventions and recommended equipment for students that were sensory seeking and had an over responsive/ under responsive reaction to sensory stimulation.

Placement 3: Role Emerging Placement: Diverse Active Adult Day Care (Mental Health)

April 2021 - May 2022 - 7 weeks.

The aim of this placement was to introduce and promote the role of the occupational therapist to this Adult Day care. The majority of the service users suffered with mental health conditions such as, depression, schizophrenia, anxiety, as well as dementia. Emma was required to develop an occupationally focused intervention within this extended scope. Emma created a gardening group, using the PEO model, assessed and amended the activity to suit the needs of the clients. This activity aimed to have a positive impact on the overall wellbeing of the clients. This group has continued throughout the day care and has encouraged more outdoor activities.

Placement 2: Manchester Royal Infirmary: Elderly Care Ward (Physical)

November 2020 - January 2021 - 8 Weeks.

Within this placement Emma was conducting initial assessments with patients, gaining a wider understanding of the clients needs in a short time frame. Conducting transfer, bed and chair assessments alongside physiotherapy. This placement was heavily focused on D2A - discharge to assess. Emma would liaise with families, arrange for equipment and care to be put into place to enable a successful discharge.

Placement 1: Munro Therapy Services (Community)

Duration: 6 weeks

Primarily working with Adults that have acquired brain injuries, Emma worked on developing her assessment skills, equipment knowledge, goal setting with clients, developing risk assessments, treatment programmes and how to evaluate clients progress within the community. This placement was conducted in the workplace due to Covid-19 and gave Emma a deeper insight into how to assess clients within the community setting.



SKILLS

Courses Undertaken

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| - Basic Life Support training. | June 2022 |
| - Epilepsy and Buccal Midazolam training. | June 2022 |
| - Paediatric Pathways and clinical issues following childhood brain injury | May 2022 |
| - Understanding Sensory Processing and Integration in children. | January 2022 |

