



MUNRO THERAPY SERVICES LTD

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PROFILE

- Over 27 years clinical experience in Neuro Occupational Therapy
- I am a fully qualified Occupational Therapist and have been working in that role for 27 years. I have worked with the NHS initially with elderly and then with children. I also ran a private practice in paediatric Occupational Therapy for assessment and treatment mainly with DCD (Dyspraxia). I was also redeployed during COVID in discharge of patients from community hospitals.
- I am passionate about the holistic care of people and their family and dependents. I am passionate about individuality and helping people express that.



EDUCATION

- OCCUPATIONAL THERAPY DEGREE BHSC AT YORK ST JOHNS 1993-1996
- HEALTH & CARE PROFESSIONS COUNCIL REGISTRATION (OT26396)
- ROYAL COLLEGE OF OCCUPATIONAL THERAPISTS (BT0210385)



EXPERIENCE

Current Clinical Practice

Specialist Neuro Occupational Therapist with Munro Therapy Services.

My background is in Neuro Paediatrics – I have 25 years experience in this area with my main speciality being babies who are born early. I set up a service on Bolton's Neonatal Unit and a community follow up service in 2001.

I work holistically with the families I've had on my caseload, many of whom use the word 'family' when referring to me. Paediatrics involves supporting the child and their parents/guardians with their physical, perceptual, sensory, mental and emotional wellbeing. It includes supporting at the child's home, often involving siblings, and in their educational settings as a minimum.

I am used to working alongside a large multidisciplinary team including the medical team, education staff, the local authority on housing adaptations, etc.

I am experienced in applying for the Disabled Facilities Grant for families who need adaptations to properties and I am used to working with the Local Authority's architects and building surveyors.

I am skilled at assessing specialist equipment in bathing, seating, beds/cots, sleep systems.

I am skilled in the use of standardised and non-standardised assessments for motor and visual perceptual skills as well as handwriting. I am trained in specific baby assessments including NBAS and AIMS.

I provide assessment, treatment and recommendations in support of a huge array of motor issues for 0-19 years including Dyspraxia, Cerebral Palsy from PMLD to hemiplegia, Hypermobility, ADHD, many different syndromes, etc.

I provide equipment and advice to aid daily living tasks. This includes kitchen accessories, specialist pencil grips for writing (or assessment of alternatives to writing) help with bathing, toileting, and providing sensory aids in school to help children coping in school environments.

I am competent in creating hand splints; I have even splinted (hand and foot) babies on the NNU.

I am trained in assessment and provision of moving and handling equipment such as hoists and slings.

I am competent in providing documentation for legal documents such as EHCP's.

I am wheelchair accredited.

I am used to managing a caseload of upwards of 120 children.

I have been MAPA trained 22-23

I have the first level of Sensory Integration Training.

Former Clinical Practice

Bolton Hospital NHS	1996-1998	Basic Grade	Occupational Therapist Rotational
Scarborough Hospital NHS	1998-2000	Senior 2	Paediatric Occupational Therapist Community
Bolton PCT/NHS	2000-2002	Senior 2	Paediatric Occupational Therapist Community
Coordinate Through Fun	2004-2006		Set up as Independent OT registered with RCOT specialist section
Bolton PCT/NHS	2003-2004	Senior 1	Secondment to develop service in Sure Start Neonatal and Paediatric Occupational Therapist
Bolton PCT/NHS	2004-2023	Band 6	Down banding accepted due to Agenda For Change
Bolton NHS FT	2019/20	Band 6	Redeployment to Intermediate Care with adult and elderly

Bolton NHS FT	2023	B6 and B7	Took on new role in addition to my Neuro OT as Neonatal OT
Munro Therapy Services Ltd	2023	Band 7	Occupational Therapist.



SKILLS

- I am proud of the strong relationships I have built with the Neonatal Consultants in Bolton and with the key leaders in Neonatal Occupational Therapy such as Inga Warren and Dr Betty Hutchon.
- I am proud to have been a part of families' lives when they are suffering the deepest traumas such as death of a child, early born and sick children, diagnoses and dealing with progressive disorders, removal of child.
- I have written an article on setting up a Neonatal Service in Neonatal Occupational Therapy with Sure Start.
- I set up and ran a training day for the Neonatal Staff on NIDCAP 2008.
- I have presented a case for a bid to CQC for the Neonatal Service I created.
- I created pathways, quality standards and Operational Guidelines
- Neonatal OT stall at PCT 'From Strength to Strength' day for 2 years.
- I ran support groups for parents with babies on the NNU.
- I supervise staff at B6 level and complete appraisals for them.
- Created leaflets for early developmental milestones.
- Some of the training I have taken part in over the years includes:

• Chailey Approach to Postural Management	2001
• Clinical Observations Training Day	2001
• Sensory Integration Introduction	2002
• Developmentally Focussed Neonatal Care (5 days)	2007
• NBAS assessment training	2007
• Traumatic Brain Injury	2007
• NIDCAP Training Day	2008
• Observing Baby Behaviour Training Day	2008
• Which Way, What Way & Why – A Developmental Care Workshop	2008
• Training on Brain Injury	2010
• Occupational Therapy on the Neonatal Unit	2010
• Practical Management of Balance Problems in Children	2010
• GM Neonatal Network Cooling study day	2011
• COPM training	2011
• Nintendo Wii Training	2011
• Principles and Practice of Developmentally Friendly Neonatal Care	2011
• HCPC Audit Passed	2011
• Foundation Toolkit for Family Centred Developmental Care	2011

- Practical Approaches to Improving Family-Centred Care BLISS 2012
- Cognition training day 2012
- DCD training 2013
- Skin to Skin study day 2014
- Small Wonders Champions Event 2014
- Moving and Handling People with Sensory Processing Disorders 2015
- Functional Hand use in Hemiplegia 2016
- GMFCS Training 2016
- Sensory Processing 2017
- Bed and Bed Prescription Training 2019
- I am an accredited Fieldwork Educator – Clinical Educator Update 2020
- I trained to give the COVID-19 vaccine 2019/2020
- Designing an Accessible Bathroom 2021
- Many recent courses from North West Neonatal Operational Delivery Network 2023
Virtual and Face to Face
- I am up-to-date with mandatory training including Basic Life Support and Level 3 Children and Adults Safeguarding, etc.